Need Additional Information?

If you would like more information about the study, please contact

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Do you have a child with an Autism Spectrum Disorder (ASD)?

Do you have a concern about your child’s eating habits including a limited diet or food aversion or mealtime behaviors?

Would you like recommendations to improve your child’s nutritional intake?

Would you like to participate in our study of parent training to improve eating and mealtime behaviors?

Children with ASD are frequently reported to have food aversions and limited diets.

Parents / Caregivers will be randomly assigned to one of two groups. One group will receive the 11 session comprehensive parent training feeding (PTF) program starting immediately, while the other group will wait until the end of the 20 week study timeline to begin PTF.

Parents / Caregivers will also complete questionnaires at the beginning, in the middle and at the end of the study.

Families will be compensated for their time.

We are looking for families to participate in our research study looking at an approach to improve the eating habits, diet and feeding behaviors of children with ASD.

To be eligible to participate:

- Your child must be between 2 and 7 years of age.
- Your child must have a diagnosis of ASD.

- Your child must be selective in what foods they accept, engage in mealtime behaviors you find stressful, or present with other feeding problems.